Name:	
Phone:	_
Organization:	
Address:	
City/State/Zip:	
Do you like a chair with armrests?	(Y/ N)
Corrective lenses while computing?	(Y/ N)
Do you like a chair that:	_
Locks in one postion after being adjusted?	(Y/ N)
Rocking chair?	(Y/ N)
Both lockable and rocking?	(Y/ N)
Lower Leg Height	in
Elbow Height from seat	in
Eye Height from seat	in
Upper Leg Length	in
Lumbar Height	in
Thigh Breadth	in
Elbow-Elbow Distance	in
Dominant eye (L/R)	(L/R)
eMail to peter.harnack@indoff.com or Call in Measurements to 408-656-1709	

Indoff - Silicon Valley Custom Chair Offer



Custom Fit Measuring







Lower Leg Height
Measure from the bottom
of the heel (with shoes)
to the back of the knee. If
the person is wearing a
shoe higher or lower
than normal, make the

appropriate adjustment

to the measurement.







Lumbar Height
While seated, have the
person put their thumbs
into the small of their
back. Measure from the
seated position to their
thumbs. (This is a very
subjective measurement;
you are looking for
anything extremely
high).







Elbow Height
With their arms relaxed
at their sides and
forearms horizontal (as
if typing), measure from
the sitting surface to the
tip of the elbow.







Thigh Breadth
With the person in a

seated positon, measure widest distance across both thighs. Placing binders on either side of the person and measuring between the binders may be of help.







Eye Height
With the person in a
seated position, measure
from the sitting surface
to the eye.







Elbow-Elbow Distance
With their arms relaxed
at their sides and
forearms horizontal (as
if tuning)

jorearms norizoniai (as if typing), measure from elbow tip to elbow tip.







Upper Leg Length
With the person in a
seated position,
measure from the
rearmost part of the
buttock to behind the
knee. Placing a catalog
behind them may help.







Dominant Eye

Have the individual, with both eyes open, focus on a spot on the wall. With the hands at arm's length, form a circle around the spot. Close one eye and then the other. Whichever eye keeps the spot in the circle is the dominant eye.